

Admission

On the day of your surgery, please come to the hospital one hour before your scheduled surgery and check in at the Pre-Admission unit. This is the same unit you visited for the Pre-Admission Program and Total Joint Class.

Please remember to:

1. **Avoid food and drink for a specified time prior to surgery** (usually after 12 midnight the night before the procedure). Your doctor may want you to take your normally scheduled medication with a sip of water the morning of surgery. Please confirm this with your physician.
2. **Bring comfortable bed clothing to the hospital**, such as, a robe and low-heeled shoes or slippers that go around heel and have non-skid soles. Bring loose fitting clothing for the return trip home as you will have a bandage over the surgical area.
3. **If you prefer to use a walker or crutches that you already have, be sure to identify these items with your name and bring them with you to the hospital.**

Your operation will take two to three hours.

Your family may accompany you to the Admission Unit before they proceed to the surgical waiting area on the 1st floor.

The anesthesiologist will provide you with anesthesia that best suits your needs. He will discuss the anesthesia with you in the pre-operative area before you enter the operating room. When you are transferred to the operating room, you may notice the cool temperature of the room. As you are assisted to the operating table you will be kept warm with blankets. You will notice several tables with equipment and instruments needed to perform the operations. You will also notice monitoring equipment such as a blood pressure machine and EKG machine. The anesthesiologist will be monitoring the information from these machines throughout the surgery.

Recovery Room

After your operation, you will be transferred to the recovery room. A nurse will be present to monitor your condition until you are awake and stable. The length of stay in the recovery room is usually one to two hours. The nurse may administer medications for pain or nausea as ordered by the anesthesiologist.