

CANCER SUPPORT SERVICES AND OTHER RESOURCES FOR THE BAY AREA

General Cancer Support Services	
Cancer Support Group	El Camino Hospital, 2500 Grant Rd, Mountain View, meeting room "A", ground floor, main hospital. Meets every Tuesday, 4:30pm- 6:00pm (800) 216-5556 www.elcaminohospital.org
Cancer Support Group	Palo Alto Medical Foundation, 795 El Camino Real, Palo Alto. Meets 1 st and 3 rd Tuesdays, 6:30- 8:30pm. (415) 342-3749
Cancer Support Group	Mission Oaks Hospital, 15891 Los Gatos- Almaden Road, Los Gatos
Cancer Support Group	Contact Faustine Comstock at (408) 559-2110 Community Hospital of Los Gatos, Physical Performance Institute Conference
Cancer Support Group	Room, 555 Knowles Drive, Los Gatos. Contact Linda Ankeny, RN (408) 866-3920 Kaiser Santa Clara, 900 Kiely Blvd., Santa Clara.
Cancer Support Group	Contact Susan Tilton, LCSW at (408) 236-4894 O'Connor Hospital, 2105 Forest Avenue, San Jose (408) 947-2763.
Cancer Support Group	Contact Corinne La Roche, MSW at (408) 947-2763 San Jose Medical Center, 675 East Santa Clara Street, San Jose.
Cancer Support Group	Contact Veronica Rodriguez at (408) 977-4424 7950 Church Street Room 8, Gilroy. Contact Sandra at (408) 847-0902
Cancer Support Group	Federated Church of Saratoga 20390 Park Place, Saratoga.
Healthy Young Attitude	Contact Barbara Silverstein at (408) 867-3456 Network of young adults, 18-35, whose lives have been affected by cancer.
American Cancer Society	American Cancer Society, 1715 South Bascom Avenue Suite 100 Campbell (408) 879-1032, option 3, ext.134. www.hya.org www.cancer.org
	1715 S. Bascom Ave, Campbell, 408-879-1032. Nationwide, community- based volunteer health organization. Their website provides the public with accurate, up-to-date information on cancer.
Cancer Care, Inc	www.cancercare.org
	A national non-profit organization whose mission is to provide free professional help to people with all cancers through counseling, education, information and referral and direct financial assistance.
CancerSource	www.cancersource.com
	Cancer and treatment information, news and commentaries, clinical trial information, online support groups.
Chemocare.com	www.chemocare.com
	Content provided by the Cleveland Clinic Cancer Center. Good resource for easy to read information on chemotherapy, side effects, and management of side effects.
National Cancer Institute	www.cancer.gov
	The NCI is the Federal Government's principal agency for cancer research and training, which conducts and supports research, training, health information dissemination, and other programs with respect to the cause, diagnosis, prevention, and treatment of cancer, rehabilitation from cancer, and the continuing care of cancer patients and the families of cancer patients.
National Coalition for Cancer Survivorship	www.canceradvocacy.org
	A survivor-led advocacy organization working on behalf of this country's more than 9 million cancer survivors and the millions more touched by this disease. Cancer information, links to other websites.
People Living with Cancer	www.plwc.org
	Sponsored by the American Society of Clinical Oncology (ASCO). Provides oncologist-approved patient information on cancer and their treatments, clinical trials, coping, side effects, live chats, message boards, a drug database, medical dictionary, and links to patient support organizations.
University of Pennsylvania Cancer Center	www.oncolink.com
	Information about specific types of cancer, updates on cancer treatments, and news about research advances from introductory to in-depth. Has easy to read article summaries.
Breast Cancer Support Services	
Breast Cancer Support Group	El Camino Hospital, 2500 Grant Road, Mountain View, Radiation Oncology

	Department lobby on ground level of main hospital. Meets 2 nd & 4 th Thurs. of the month, 7- 8:30pm. (800) 216-5556. www.elcaminohospital.org
Bay Area Breast Cancer Support Group	Bay Area Breast Cancer Network, 4320 Stevens Creek Blvd., #185, San Jose. Meets the 1 st and 3 rd Mon., 6:30- 8pm. Call (408) 261-1425.
Bay Area Breast Cancer Recurrence Support Group	Bay Area Breast Cancer Network, 4320 Stevens Creek Blvd., Suite 185, San Jose. 1 st and 3 rd Tues., 2:30- 4:00pm. To register, call (408) 261-1425.
Breast Cancer Notebook	An online resource for women who are newly diagnosed with breast cancer http://cancer.sutterhealth.org/information/bc_notebook/
Breast Cancer Support Group	The Breast Cancer Talk Project, 1190 South Bascom Avenue, Suite 211, San Jose. Contact Georgan Harriet, MFT at (408) 920-1740
Breast Cancer Support Group	Community Hospital of Los Gatos, 815 Pollard Rd, Los Gatos Contact Linda Ankeny, RN at (408) 866-3821
Breast Cancer Support Group	Stanford University Medical Center, 300 Pasteur Drive, Stanford Contact Pat Fobair at (650) 723-7881 or (650) 735-4765
Breast Cancer Support Group for Couples	Community Breast Health Project, 545 Bryant St., Palo Alto. 2 nd & 4 th Tues., 3:30-8:30pm. Contact Deborah Rosenberg, LCSW, (650) 342-3749
Breast Cancer Support Group for Lesbians	The Center for Living with Dying, 554 Mansion Park Drive, Santa Clara Contact Elaine Dorning at (408) 261-1425
Breast Cancer Support Group for Lesbians	Billy DeFrank Lesbian & Gay Community Center, 938 The Alameda, San Jose. Contact Sandra at (408) 293-3040 ex 116
Young Women's Breast Cancer Support Group	Community Breast Health Project, 545 Bryant Street, Palo Alto. Meets the 1 st , 3 rd , & 5 th Tues. To attend, call Nanette Rowe, Ph.D, at (650) 363-8384
Metastatic Breast Cancer Support Group	1515 Meridian Avenue, #206, San Jose Contact Sam Marye Lewis, MFT at (408) 267-4397
Metastatic Breast Cancer Support Group	Community Breast Health Project, 545 Bryant Street, Palo Alto. Meets Mon 6:30- 8:30pm. Contact Deborah Rosenberg, LCSW at (650) 342-3749
Breast Cancer Spanish Support Group	Las Isabelas, 93 Devine Street, Suite 206, San Jose Contact (408) 287-4890
Breast Cancer Question and Answer Session	Doctors from different breast health specialties are available to address medical questions. Every Thursday, 5:30- 7:00pm. Community Breast Health Project, 545 Bryant Street, Palo Alto (650) 326-6686
Art Workshop for Breast Cancer Survivors	Community Breast Health Project, at the Pacific Art League, 668 Ramona Street, Palo Alto, free. Every Friday, 1:00- 3:00pm. Call (650) 326-6686
Young Mom's with Breast Cancer Group	For women with breast cancer with babies/ toddlers/ school children. Meets monthly in a restaurant near Palo Alto. To join, contact Lucy Berlin at (408) 366-0161 or (408) 464-3255 or berlin@cs.stanford.edu
Healing Partners A weekly fully clothed massage program for breast cancer patients. Sessions last 60 minutes	Registration is required, must be able to commit to attend sessions regularly for 6 months, free. Available at various locations in Campbell, Mountain View, Palo Alto, Redwood City, San Carlos, San Jose, and San Mateo. To register, contact Kathy Turner, RN, NP, CHTP at 650-736-1802 or http://womenshealth.stanford.edu/healingpartners.html
Susan G. Komen Breast Cancer Foundation	Provides basic and facts about breast cancer from early detection to support. www.breastcancerinfo.com
Brain Cancer Support Services	
Brain Tumor Support Group	Stanford Medical Center, Radiation Clinic, Palo Alto Contact: National Brain Tumor Foundation at (800) 934-2873
Brain Tumor Support Group	National Brain Tumor Federation, Palo Alto Medical Foundation, 725 El Camino Real, Palo Alto. Contact Joanie Taylor at (650) 343-4791
Brain Tumor Support Group	Palo Alto Medical Foundation, 920 Bryant Street, 2 nd floor, Room B, Palo Alto. Contact (650) 284-0208
South Bay Brain Tumor Support Group	667 Chapman Street Contact Elizabeth Lee at (650) 498-7573
Colon Cancer Support Services	
Colon Cancer Support Group	Community Hospital of Los Gatos, 815 Pollard Road, Los Gatos

	Contact Linda Ankey, RN at (408) 866-3821
Colorectal Cancer Support Group	American Cancer Society, 1715 South Bascom Avenue, Campbell. 2 nd Tues. 3-4:30pm. Contact Linda Ankeny, RN, OCN at (408) 866-3821
Leukemia, Lymphoma & Myeloma Support Services	
First Connection Program	The Leukemia and Lymphoma Society connects patients and their families with people who diagnosed with Leukemia, Lymphoma, or Myeloma. To join contact Lisa McDonnell, Patient Services Manager, at (408) 271-8303 or McDonnellL@lls.org. www.lls.org
Family Support Groups	The Leukemia and Lymphoma Society. Offered at several locations, including Stanford, Monterey, Santa Cruz, Los Gatos. For information contact Lisa McDonnell, Patient Services Manager, at (408) 271-8303 or McDonnellL@lls.org. www.lls.org
The Leukemia & Lymphoma Society www.leukemia-lymphoma.org 675 N. First St, Suite 1100 San Jose, CA 95112-5156 (408) 271-2873 The world's largest voluntary health organization dedicated to funding blood cancer research, education and patient services. The Society's mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and to improve the quality of life of patients and their families. They also provide a financial assistance program.	
Lung Cancer Support Services	
The Phone Buddy	A peer-to-peer support program for people with lung cancer & families. Alliance for Lung Cancer (ALCASE) To join contact ALCASE at (800) 298-2436 or info@alcase.org www.alcase.org
American Lung Association www.lungusa.org A voluntary health organization that fights lung disease in all its forms, with special emphasis on asthma, tobacco control and environmental health.	
Gynecological and Ovarian Cancer Support Services	
Ovarian Cancer Support Group	Community Hospital of Los Gatos, OB classroom, 815 Pollard Road, Los Gatos. Meets the 2 nd Wed. from 6:00-7:30pm. To register, call (408) 866-3920
Ovarian & Gyn Cancer Support Group	Kaiser Santa Clara, 900 Kiely Blvd., Santa Clara Contact Susan Tilton, LCSW at (408) 236-4894
Ovarian Cancer Support Group	Stanford University Medical Center, 300 Pasteur Drive, Stanford Contact (650) 725-4765
Gynecological Cancer Support Group	Stanford University Medical Center, 300 Pasteur Drive, Stanford Contact Jane Zimmerman at (650) 6533
Ovarian Cancer Problem Discussion List www.acor.org An e-mail support group. To join, send an e-mail to listserv@acor.org . In subject area, type a dash, in message area, type "Subscribe Ovarian", followed by your first and last name.	
Ovarian Cancer National Alliance www.ovariancancer.org National organization working to increase understanding of ovarian cancer and treatments.	
National Ovarian Cancer Coalition www.ovarian.org National organization, provides information about ovarian cancer and treatments.	
Women's Cancer Network www.wcn.org An interactive web site dedicated to informing women around the world about gynecologic cancer. Their goal is to assist women who have developed cancer, as well as their families, to understand more about the disease, learn about treatment options, and gain access to new or experimental therapies.	
Melanoma Support Services	
Melanoma Support Group	Location rotates between member's homes. Contact Jack Cormode at (650) 961-6117 or Sondra Wheeler at (408) 287-5518
Prostate Cancer Support Services	
Prostate Cancer Support Group	2715 Lincoln Avenue, San Jose. Meets the 2 nd Friday at 1:00pm. Contact Virgil Lawrence (408) 259-3196
Prostate Cancer Support Group	El Camino Hospital, main hospital, meeting room A, 2500 Grant Road, Mountain View. Meets 1 st Thurs from 7-9pm. (800) 216-5556
Man to Man: Prostate Cancer Support Group	American Cancer Society, 1715 South Bascom Avenue, Suite 100, Campbell. The last Tues. at 6pm. Call (800) 227-2345. www.cancer.org

Lymphedema Support Services	
Lymphedema and Education Center	Community Hospital of Los Gatos, 815 Pollard Drive, Los Gatos (408) 866-3821 or (888) 257-5476
The Ginger-K Center, O'Connor Hospital	Conference Rm A & B, 2105 Forest Avenue, San Jose Contact Phyllis Tubbs-Gingerich at (480) 286-1900
Caregivers Support Services	
Caregivers Support Group	Community Hospital of Los Gatos, 815 Pollard Road, Conference Room #1, Los Gatos. Contact Linda Ankeny, RN at (408) 866-3821
Caregivers Support Group For persons responsible for the care of an elderly person.	El Camino Hospital, 2400 Hospital Drive, Mountain View, Health Resource Center. Meets the 3 rd Wed. of each month, 7- 9pm. (800) 216-5556 www.elcaminohospital.org
National Family Caregivers Association An organization created to educate, support, empower and speak up for the caregivers of chronically ill, aged or disabled loved ones.	www.nfcares.org
Financial Assistance	
Patient Access Network Foundation Assisted insured patients who cannot afford the out-of-pocket costs associated with their treatment needs. To be eligible for assistance patients must meet certain criteria. To apply, call (866) 316-7263	www.patientaccessnetwork.org
FamiliesCAN Provides financial assistance for non-medical expenses for families of cancer patients between ages 18-65 receiving cancer treatments in the San Francisco Bay Area. The family must also have a dependent under the age of 18. Also provide camps and programs for kids of cancer patients. To apply, call (650) 948-8268	www.familiescan.org
HealthWell Foundation Assists with co-pays for Multiple Myeloma, Myelodysplastic Syndromes, and chemotherapy induced anemia & neutropenia. To apply, call (800) 675-8416.	www.healthwellfoundation.org
Patient Advocate Foundation, Co-Pay Relief Provides co-pay assistance for the diagnosis of breast, lung, prostate cancer. To apply, call (866) 512-3861	www.copays.org
Patient Services, Inc. Provides co-pay assistance for the diagnosis of bone metastases, GI stromal tumors, CML, & chemotherapy induced anemia or neutropenia. To apply, call (800) 813-7741.	www.uneedpsi.org
CancerCare Provides co-pay assistance for oral medications for breast cancer. To apply, call (800) 813-4673	www.cancercare.org
Fertile Hope & Fertility Physicians of Northern CA Financial assistance for embryo, egg & sperm freezing for qualifying cancer patients whose treatments put them at risk for infertility. Call Fertile Hope at (888) 994-HOPE or Fertility Physicians at (800) 597-2234	www.fertilehope.org, www.fpnc.com
Legal & Health Insurance Information Assistance	
Health Insurance Counseling A free service designed to answer questions and concerns about medical bills or insurance coverage. El Camino Hospital, 2500 Grant Road, Mountain View, Health Resource Center. To make an appointment, call the Health Resource Center at (650) 988-7622.	www.elcaminohospital.org
Advance Health Care Planning and Advanced Directive Assistance Free service that provides explanations and assistance in completing Advance Directives. El Camino Hospital, 2500 Grant Road, Mountain View, Health Resource Center To make an appointment, call the Health Resource Center at (650) 988-7622	www.elcaminohospital.org
Patient Advocate Foundation National non-profit organization that can act as liaison between patients and their insurers, employers and creditors to help resolve insurance, discrimination, & debt crisis matters through case managers, doctors, and attorneys.	www.patientadvocate.org
Grief Support for Cancer Patients and their Families	
Center for Living With Dying 554 Mansion Park Drive, Santa Clara (408) 980-9801 or 17760 Monterey Road, Morgan Hill (408) 980-9801	
Hospice of the Valley Bereavement Services Offers group and individual grief support, available for a sliding scale fee.	www.hospicevalley.org

1150 S. Bascom Ave. #7A, San Jose (408) 947-1233	
Kara Grief Support Group One on one counseling, bereavement group support for adults, children & teens 457 Kingsley Avenue, Palo Alto. (650) 321-5272.	
Pathways Hospice Grief Support Offers group and individual grief support, free. Focus on Spouse Loss, Parent Loss, or General Loss. Available in Peninsula, South Bay, San Francisco, and Oakland. Contact (888) 755-7855	
Santa Clara Psychological Association: Information and and/or referral to a state licensed psychologist North County: (650) 321-7789 South County: (408) 253-1151	
California Association of Marriage, Family, and Child Counselors. Weekend, evening appointments, & sliding scale fees available. Santa Clara Valley Chapter: (800) 709-2273. Referral Service: (650) 345-1900	
Transportation Services	
Outreach Paratransit (408) 436-2865. www.outreach1.org A transportation service, need to make reservations 1 to 14 days in advance.	
American Cancer Society www.cancer.org 408-879-1032. Can provide transportation to & from cancer treatments.	
Heart of the Valley (408) 241-1571 www.servicesforseniors.org Will take seniors to medical appts, shopping, errands. For residents of Campbell, Cupertino, Los Gatos, Monte Sereno, Santa Clara, Saratoga and Sunnyvale. Suggested Donation: \$2.50 plus mileage at \$0.25 a mile	
Alan Aert Foundation Senior Care Program (408) 395-6636 Provides transportation for medical appointments and grocery shopping for seniors at no charge for residents of Los Gatos, Saratoga, Monte Sereno and Campbell.	
Road Runners (650) 940-7016 Transportation service provided by El Camino Hospital volunteers For medical appointments and errands. Appointment needs to be within a ten mile radius of El Camino Hospital. Fees range from \$4.50- \$25.00 one way.	
Other Support Programs	
Mindful Qigong: Meditation in Motion A Chinese energy exercise that relaxes and strengthens the body and mind. Classes are 6 week sessions on Wednesdays, fee: \$200	To register or for information call (650) 940-7000 ex 8745 or (800) 216-5556 www.elcaminohospital.org
Mindfulness-Based Stress Reduction Program A program designed to teach mind body awareness techniques to help live with physical or psychological symptoms due to stress, pain, or illness. Classes are 8-week sessions on Thursdays, fee: \$335	To register or for information call (650) 940-7000 ex 8745 www.elcaminohospital.org
Creative Expressions Painting classes for cancer patients. Offered in 5 week sessions, on Tues., 5:30pm- 7:30pm. Free.	El Camino Hospital 2500 Grant Road, Mountain View, CA 94039, Art Room, 2 nd floor of main hospital building. To register, call (800) 216-5556 www.elcaminohospital.org/creativeexpressions
Living Strong Living Well Strength/ fitness program for adult cancer survivors who are more than 1 year out from cancer. Two 8-week sessions, free.	Offered at several YMCA's in Cupertino, Mountain View, Palo Alto, San Jose, San Mateo, & Saratoga To register, contact Joyce Hanna, MA, MS at 650-725-5014 or joyce.hanna@stanford.edu. http://lslw.stanford.edu
Camp Kesem Free weeklong summer camp in Santa Cruz Mountains for children of cancer patients. Apply at www.campkesemnational.org/berkeley, (510) 665-8534.	