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PAMF Los Altos
370 Distel Circle
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Portola Valley Women's Health Grp.
3250 Alpine Road
Portola Valley, CA 94028
650-330-5869

Redwood Shores Health Ctr.
290 Redwood Shores Pkwy
Redwood City, CA 94065
650-598-3163

PINWORM SPECIMEN COLLECTION

IMPORTANT: For accurate test results, please read all directions first and follow them carefully

Collection Instruction

- Collect pinworm specimen from the skin of the perianal area first thing in the morning. **DO NOT BATHE OR USE THE TOILET BEFORE COLLECTION.**
- Print your name and date of birth on the Pinworm Paddle Collection Kit provided by the laboratory.
- Hold the collection tube in one hand, firmly grasp the cap of the tube with the other hand and pull the paddle from the tube.
- Identify the “STICKY SIDE” as indicated on the paddle.
- Touch the “STICKY SIDE” of the paddle to the skin of the perianal region several times, to cover the area around the anus.
- Return the paddle with the cap to the tube, and **press firmly** to close.
- Deliver the specimen to the laboratory as soon as possible.
- Call the lab if you have any questions.

CAUTION: Pinworm eggs are very infectious