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## **URINE COLLECTION for BETA-2 MICROGLOBULIN**

**IMPORTANT: For accurate results, please read all directions first and follow them carefully**

### **Patient Instructions**

- Void bladder.
- Drink at least 500 ml (two and a half 8-ounce glasses) of water.
- Collect urine sample (minimum 5 ml) in a sterile urine container provided by the laboratory **within one hour after drinking water.**
- Print your name and date of birth on the container if not already labeled.
- Deliver the specimen to the laboratory as soon as collected.

**Note: This test is available in the Palo Alto Lab and Fremont Lab only.**