

**CURRICULUM VITAE
AMOL SAXENA, D.P.M.
2009**

OFFICE:

Palo Alto Medical Foundation
Department of Sports Medicine
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Podiatry practice specializing in Sports Medicine and Foot & Ankle Surgery, incorporated into the Palo Alto Medical Foundations' multispecialty Sports Medicine group in 1993. **Clinical & research interests include sports medicine/running injuries, chronic ankle pain (ankle osteochondral injuries), Achilles and Peroneal Tendons, stress fractures, midfoot injuries (Lisfranc's), revision surgery, flatfoot surgery and 1st MPJT arthritis. International and nationally speaker and author.**

Currently editing “**International Advances in Foot and Ankle Surgery**” (Springer-Verlag, due 2010), a unique text of internationally re-known podiatric, orthopedic and trauma surgeons. Published in several Orthopaedic peer-reviewed journals including Foot & Ankle Int'l, and American Journal of Sports Medicine. Editorial Board for Foot and Ankle Quarterly, reviewer for Journal of Foot & Ankle Surgery, Journal of American Podiatric Medical Association, American Journal of Sports Medicine and Clinical Orthopaedics and Related Research.

Board Certified/Re-certified in Foot and Reconstructive Rearfoot/Ankle Surgery (American Board of Podiatric Surgery), Fellow American College of Foot & Ankle Surgeons. Served as podiatrist for the 1992, 2000 & 2004 Olympic Track and Field Trials, U.S.A. Track and Field Medical Committee. Served as Team Podiatrist for Stanford University (1989-92), University of Notre Dame Football and local high school athletic teams covering major track and cross country meets. Consultant for Alter-G, Inc., and on athletic shoe design for Nike, Adidas, Puma, Etonic and Reebok. Lecturer at California and Scholl (Chicago) Colleges of Podiatric Medicine and American College of Foot and Ankle Surgeons Annual Meeting.

Director of Fellowship, Resident & Student training at PAMF. Actively publishing scientific and "lay" articles and serving as injury prevention analyst for ESPN's "Road Race of the Month." Practice currently has treated dozens of Olympians (including Gold Medalists), and Olympic Trials qualifiers, numerous professional athletes including the Nike Oregon Project and San Jose Earthquakes, and many of the top area high school athletic scholarship winners.

AWARDS/CERTIFICATIONS

California Podiatric Medical Association Humanitarian of the Year	2004
Board Certified, American Board of Podiatric Surgery, (Foot and Reconstructive Rearfoot/Ankle Surgery)	1993, 1995
Re-certified , ABPS (Foot-2002, Rearfoot/Ankle 2003)	through 2015
Fellow, American College of Foot and Ankle Surgeons	1993
Fellow, American Academy of Podiatric Sports Medicine	1990
Fellow, American College of Foot and Ankle Orthopaedics and Medicine	1995
Marquis Who's Who of the World	1992-93, 1995-96
Outstanding Young Man in America	1986-89
Outstanding Young Man in America , Board Member	1996-97

BOARD/COMMITTEE APPOINTMENTS

Washington University (St. Louis) Young Alumni "W" Club Board	1995-2000
Washington University (St. Louis) (volunteer); "Alumni Admissions"	1995-Present
USA Track and Field Sports Medicine Executive Committee, Regional Chair (volunteer)	1993-Present
Reviewer, Journal of Foot and Ankle Surgery	Editorial Board, 1995-2001
Editorial Board, Foot & Ankle Quarterly	1999-Present
Scientific Chairman "Sports Medicine and Reconstruction Foot Surgery" (S.C.P.M. Summer Seminar)	Aug. 1995, Aug. 1996, Aug. 1998, Aug. 2000, June 2002
Podiatric Sports Medicine Editor, The Lower Extremity	1994-1998
Adjunct Clinic Faculty, California College of Podiatric Medicine	1995-Present
Sports Medicine Committee, American College of Foot and Ankle Surgeons	1998-2002
Stanford Myofascial Institute, Board (volunteer)	1997-2000
"Fifty Plus", Board Member (volunteer); Research Committee	2000-2004
American Medical Athletic Association, Advisory Board (volunteer)	2000-Present
Surgecenter of Palo Alto, QA & Medical Advisory Board	2000-Present
Section Chairman, Stanford University Hospital, (Podiatric Surgery)	2001-Present

RESEARCH PUBLICATIONS

1. Lapidus Bunionectomy: early evaluation of crossed lag screws versus locking plate with plantar lag screw. *J Foot Ankle Surg* 2009
2. Removal of an unusual pedal ossicle in an elite athlete: case study. *J Foot Ankle Surg* 2009
3. Cuboido-navicular coalitions *J Foot Ankle Surg* 2009
4. Wound Complications with Achilles tendon surgery: report on 219 cases. *J Am Podiatr Med Assoc* 2008
5. Endoscopic Gastrocnemius Recession *Zeitschrift fuer Orthopaede (German)* 2007
6. The Achilles Tendon, Ankle Equinus and the Athlete (w Chris DiGiovanni, MD), in “The Achilles Tendon” (N. Maffulli, MD & L Almekinders, MD Editors) Springer-Verlag 2007
7. Articular injuries to the talus in athletes: results of treatment with microfracture and autogenous bone graft. *Am J Sports Med* 2007
8. Radiographic findings of bioabsorbable subtalar arthroereisis implants. *J Foot Ankle Surg* May-June 2007
9. Navicular Stress Fractures in Athletes: a prospective study. *Foot Ankle Int* Nov. 2006
10. Implantable Bone Stimulation: Fusion Rates in 26 Cases. *J Foot Ankle Surg*, Nov/Dec 2005
11. Bioabsorbable Screws for Lisfranc’s Diastasis *J Foot Ankle Surg*, Nov/Dec 2005
12. Guest Editor, *Indian Journal of Foot Surgery*, Peroneal Tendon Pathology, 2005
13. Endoscopic Gastrocnemius Recession: Preliminary Report on 18 Cases. *J Foot Ankle Surg*, Sept/Oct 2004
14. Uni-portal Endoscopic Plantar Fasciotomy in Athletes: a prospective study. *Foot Ankle Int*, Dec. 2004
15. Pigmented Villonodular Synovitis: 10 Cases in the Ankle. *Foot Ankle Int* Nov. 2004
16. Plantar Fascia Ruptures in Athletes. *Am J Sports Med* May-June 2004
17. Results of Achilles Tendon Surgery in Elite and Sub-elite Track Athletes. *Foot & Ankle Int* Sept. 2003
18. Surgical Results of Sesamoidectomy in the Athletic and Active Patients. *Foot & Ankle Int* May 2003
19. Peroneal Tendon Tears: 49 Cases in 41 Patients. *J Foot Ankle Surg* July/Aug 2003
20. “Retrospective review of 91 surgeries for chronic Achilles pathology”. *J Am Pod Med Assoc* July/Aug 2003
21. “Peroneal Tendon Abnormalities: a review of 40 cases”. *JAPMA* July/Aug 2003
22. Tarsal Coalitions: Activity levels with and without surgery. *JAPMA* July/Aug 2003

23. Quinolones and Achilles Tendon Rupture. JAPMA July/Aug 2003
24. Ankle Dorsiflexion in Adolescent Athletes. JAPMA July/Aug 2003
25. Guest Editorial, J Am Pod Med Assoc, July/Aug 2003 Sports Medicine Issue
26. "Endoscopic Gastrocnemius Tenotomy" Jan/Feb, 2002, J Foot Ankle Surg
27. "Achilles Tendinopathy" Kader, Saxena, Moven & Maffulli, July 2002, Br. J Sport Med
28. "Hypophosphatemic Rickets presenting as recurrent stress fractures in a middle-aged woman" Linde, Saxena & Feldman, March/April, 2001, J Foot Ankle Surg
29. "The Watershed Band of the Achilles Tendon: Cadaveric and MRI findings" Saxena & Bareither, May/June 2001 J Foot Ankle Surg
30. "Proximal Fourth Metatarsal Stress Fractures: Jones fracture of the fourth metatarsal" Saxena, Krisdakumtorn, & Erickson July 2001, Foot & Ankle Int'l
31. "Pushing the Envelope: How soon you can and cannot return an athlete to sports" Fall 2001, Clinics in Pod. Med. & Surg
32. "Bone Stimulation on Stress Fractures: A Case-Control Study with a Comparison to the Literature" Foot & Ankle Quarterly (13)2, Summer 2000
33. Guest Editor, Foot & Ankle Quarterly, "Sports Medicine" Summer 2000 (Editorial)
34. "Return to Athletic Activity after Foot & Ankle Surgery: A Preliminary Report on Select Procedures" March/April 2000, J. Foot Ankle Surg
35. "Results of Treatment of 22 Navicular Stress Fractures and a New Proposed Radiographic Classification System," March/April 2000, J. Foot Ankle Surg
36. "The Incidence of the Plantaris Tendon - Magnetic Resonance, Surgical and Cadaver Findings," Foot and Ankle Int'l July, 2000
37. Expert Analysis: Foot & Ankle Quarterly: Posterior Tibial Dysfunction (Talo-navicular Fusion), 2000
38. Guest Editor: Foot and Ankle Quarterly: New Surgical Techniques, Winter Issue 1999 (Audio Lecture: Surgery for Chronic Achilles Problems)
39. "Keeping Healthy"; Chapter 26, in Breakthrough Running, Human Kinetics Publishing, 2000
40. "Tips, Quips and Pearls: The Evans Calcaneal Osteotomy," J. Foot Ankle Surg, (2) 2000
41. "Lis Franc's Injuries: A Round Table" Biomechanics April 1999
42. "The Effect of Foot Orthoses on Patellofemoral Syndrome," June, 1998, The Lower Extremity
43. "An Interactive Symposium on Procedures to Reduce the First Intermetatarsal Angle," June 1998, The Lower Extremity
44. "Tips, Quips, and Pearls: Soft Tissue Anchors," March/April 1998, Journal of Foot and Ankle Surgery

45. "An Algorithmic Approach to Lisfranc's Joint," December, 1997, The Lower Extremity
46. "Longitudinal Peroneal Tendon Tears," May/June 1997, Journal of Foot and Ankle Surgery
47. "The Ludloff Osteotomy: A Critical Analysis," March/April 1997, Journal of Foot and Ankle Surgery
48. "Sports Medicine Grand Rounds," Nov/Dec 1996. Journal of Foot & Ankle Surgery
49. "Retrocalcaneal Pain: An Algorithmic Approach," March 1996, The Lower Extremity
50. "The Long Term Results of Dorsal Approaches to Sesmoidectomies," Sept 1995, The Lower Extremity
51. "The Valenti Procedure for Hallux Limitus/Rigidus," Sept/Oct 1995 J. Foot and Ankle Surgery
52. "Lateral Ankle Reconstruction: A Comparison of Soft tissue Metal Anchors versus Split-Peroneus Brevis Tenodesis," March 1995, The Lower Extremity
53. "Surgical Treatment of Chronic Achilles Tendinitis," May/June 1995, Journal of Foot and Ankle Surgery
54. "Pigmented Villonodular Synovitis of the Ankle," March/April 1995, The Lower Extremity
55. "Metabolic Etiologies for Pedal Stress Fractures," Mar/Apr 1995, The Lower Extremity
56. "An Unusual Case of Achilles Paratendinosis," Jan/Feb 1994, Journal of Foot and Ankle Surgery
57. "Unusual Foot Pathologies Mimicking Common Sport Injuries," Mar/Apr 1993, Journal of Foot Surgery
58. "Postoperative Physical Therapy for Podiatric Surgery," Aug 1992, American Journal of Podiatric Medicine
59. "Effects of Stretching the Gastrocnemius Muscle," May/June 1991, Journal of Foot Surgery
60. "Anatomic Dissection of Posterior Tibialis Muscle and Correlation to Medial Tibial Stress Syndrome," Mar/Apr 1990, Journal of Foot Surgery
61. "A New Radiographic Angle to Assess Intra-articular Calcaneal Fractures," May/June 1989, Journal of Foot Surgery
62. "Footwear and Ankle Stability in the Basketball Player," Apr 1988, Clinics in Podiatric Medicine and Surgery

UPCOMING ARTICLES/BOOK Chapters

1. Editor: International Advances in Foot & Ankle Surgery (Springer-Verlag) co-authoring chapters on Achilles and Peroneal tendon surgery, Rehabilitation, Sports Medicine
2. Peroneal subluxation: surgical results in 31 athletes (submitted)

3. Rehabilitation of the Achilles Tendon (w Marc Guillet, PT, ATC) (Submitted) 2008
4. Endoscopic Gastrocnemius Recession (w Chris DiGiovanni, MD), in “MIS Techniques for the Foot & Ankle”, (Mark Easley, MD), Techniques in MIS Orthopedic Surgery 2009
5. Subtalar arthroereisis (Mark Easley, MD), Techniques in MIS Orthopedic Surgery 2009
6. Storz ESWT for Plantar Fasciitis: FDA Clinical Trial, US lead investigator (w L Gerdesmeyer, MD) Prospective study on athletic patients
7. Complications of Ludloff Bunionectomies
8. Prospective MRI evaluation of lateral ankle pathology in asymptomatic ankles

SCIENTIFIC PRESENTATIONS:

Gesellschaft fur Fusschirurgie(Munich Germany): Sesamoidectomies in athletes, Endoscopy December 2008

Arthrex/AAPSM Foot & Ankle Surgery in the Athlete October 2008

Luebeck (Germany): Endoscopy, Calcaneal Osteotomies, FHL transfer September 2008

Midwest Podiatry Conference: Endoscopic Gastrocnemius Recession March 2008

Gesellschaft fur Fusschirurgie: Complications with Achilles tendon surgery December 2007

Am. Ortho Soc Sports Medicine Ann'l Meeting: Talar Articular Injuries July 2007

Univ of Calgary Foot & Ankle Update June 2007

Am Coll of Foot & Ankle Surg Ann'l: Current techniques in “OCD” repair; Endoscopic Gastrocnemius Recession, Midfoot pain in athletes: Case studies 2007

Grand Rounds: Kaiser Bay-area Residency program: Navicular fractures 2007

Grand Rounds: San Diego Scripps Residency Program: Achilles, Revision Surgery 2007

Midwest Podiatry Conference: Hallux Rigidus in athletes, Rehabilitation of Achilles & Lisfranc's injuries, Ankle Allografts 2007

Wound Complications with Achilles Tendon Surgery: a report on 219 cases

(Poster/Abstract presented by Nic Maffulli MD, PhD @ the British Orthopaedic Foot & Ankle Society, 2006)

Fusschirurgie: Munich Germany: Subtalar Arthroereisis 2006

Western Pod. Conference: Implantable Bone Stimulators, Equinus & the Athlete 2006

International Foot & Ankle Symposium: Arthroereisis 2006

AAPSM Student's Day @ CSPM: Treating Elite Athletes 2006

Midwest Podiatry Conference: Endoscopic Gastrocnemius Recession 2006

Grand Rounds: Yale University Medical Ctr: Implantable Bone Stimulators 2006

Grand Rounds: Harvard/Beth Israel/Deaconess: Implantable Bone Stimulators 2006

Am College Foot & Ankle Surgeons Ann'l: "Cast or Cut: Achilles Ruptures, Sports Medicine Injuries"	2006
California School of Podiatric Medicine: Student ACFAS Day	2006
Fusschirurgie: Munich, Germany: Ankle Equinus, Achilles, Plantar Fasciitis & Stress Fractures, Arthrex Techniques	2005
International Flatfoot Symposium: Lab instructor for flatfoot techniques.	2005
Northwest Podiatry Conference: Ankle Equinus, Peroneal Tendonopathy, Lisfranc's Pathology	2005
Midwest Podiatry Conference: Foot & Ankle Surgery in Athletes, Lisfranc's Pathology	
Univ. of Wisconsin Podiatry Meeting: Achilles & Peroneal Tendonopathy, Lisfranc's Pathology	2004
Am College Foot & Ankle Surgeons Ann'l: Achilles Tendon Imaging, Achilles Tendon Surgery, Endoscopic Gastrocnemius Recession	2004
Midwest Podiatry Conference: Ankle Equinus, Sesamoiditis	2004
Fusschirurgie: Munich, Germany: Sesamoidectomy, Subtalar Arthrodesis, MRI of the Foot & Ankle in Sport	2003
Western Podiatric Medical Congress: Lis Franc's Pathology, The Equinus Debate	2003
Midwest Podiatric Conference: Endoscopic Gastrocnemius Tenotomy, Lis Franc's Pathology, 1 st MPTJ Pathology in Athletes, The Sports Medicine Patient	2003
ACFAS: Sports Medicine Workshop, Tendon Repair Workshop	2003
AAPSM Sports Medicine Day @ CSPM: Soccer, Basketball & Baseball Injuries	2003
German Foot Association: Achilles, Endoscopic Gastrocnemius Tenotomy, Sesamoidectomy	2002
SCPM/Northwest Pod Meeting: Achilles & Peroneal Tendonopathy	2002
Am Pod Med Assoc: Running Injuries	2002
German Foot Association: Rearfoot Fusions & Osteotomies, Flatfoot Surgery	2002
Am Coll Foot & Ankle Surg Ann'l Meeting: Sports Medicine Track (Stress Fractures)	2002
Posters: Tarsal Coalitions; Endoscopic Gastrocnemius Tenotomy	
University of Calgary Foot & Ankle Seminar: Endoscopic Gastrocnemius Tenotomy; Peroneal Tendonopathy	2002
Midwest Podiatry Conference: Tarsal Coalitions; Pearls of Podiatric Practice; Pearls of Flatfoot Surgery	2002
Am Orthopedic Society for Sports Medicine: Results of Achilles tendonopathy surgery on elite and sub-elite track athletes. @ AAOS (3/3/01 San Francisco, CA)	2001
Am Coll of Foot & Ankle Surgeons Ann'l Meeting: Sports Medicine Track (2/9-10/01 New Orleans, LA)	2001
Midwest Podiatry Conference: Chronic Achilles Tendonopathy (4/26/01 Chicago, IL)	2001
Western Podiatry Congress : Heel Pain in the Athlete; Stress Fractures(5/24/01 Los Angeles, CA)	2001

CCPM Sports Med Course: Achilles & Peroneal Tendonopathy (4/03/01 San Francisco)	2001
EBI Forum Chair: Stress Fractures, Achilles Tendonopathy (6/08/01 NJ)	2001
Am Pod Med Assoc. Ann'l Meeting: Achilles Tendonopathy; Soccer, Basketball & Football Injuries (8/16-17/01, Chicago, IL)	2001
German Association of Foot Surgery: Achilles Tendonopathy; Tarsal Coalitions; Effects of Non-Wt Bearing on 1st Met Osteotomy; Bioabsorbable Fixation (12/15-16/00 Munich Germany)	2000
Am Coll of Foot Ankle Surgeons Ann'l Meeting: Guest Lecturer, Sports Medicine Track & Abstract Presenter	2000
USA Track & Field Sports Medicine Committee Scientific Session "Pushing the Envelope: how fast an athlete can & cannot return to running"	2000
Guest Lecturer, CCPM Sports Medicine Course	
Western Podiatry Congress: Sports Medicine Track	2000
Chairman, Foot & Ankle Update Fundraising Meeting for SCPM & NWPF	2000
Am Coll of Foot Ankle Surgeons Annual Meeting: Guest Lecturer, Sports Medicine Track	1999
Guest Lecturer, Montana State Meeting	1999
Guest Lecturer, Oklahoma State Meeting	1999
Guest Lecturer, "Essentials of Practice", CCPM	1999, 2000
Lab Instructor, "Sports Medicine & MRI"	1999
"Stress Fractures, Peroneal Tendon Abnormality and Retrocalcaneal Pain," SCPM Summer Meeting August	1998
EBI Podiatry Forum	March 1998
"Peroneal Tendon Tears and Ankle Instability," American College of Foot and Ankle Surgeons Annual Meeting.	February 1998
"Running Injuries," American Academy of Podiatric Sports Medicine Annual Meeting	September 1997
"Long Term Results of Trauma to Lisfranc's Joint" and Ludloff Osteotomy," American College of Foot and Ankle Surgeons Annual Meeting.	February
"Use of Mitek Anchors in Foot and Ankle Surgery," Northwest Podiatry Foundation	Feb/Oct 1995
"Retrospective Analysis of the Valenti Procedure," "Surgery for Chronic Achilles Ruptures," American College of Foot and Ankle Surgeons Annual Meeting	Feb 1994
"Deformation Characteristics of Midsoles," Dept. of Bioengineering, Rensselaer Polytechnic Institute, Troy, NY	1987-1988

INSTRUCTIONAL COURSES (Instructor):

Cadaver Lab: Arthrex Road Show, Universal City CA	Jan 2009
Cadaver Labs: Gesellschaft fuer Fusschirurgie:	Sep & Dec, 2008
Cadaver Labs 2008: PacMed/Arthrex	Feb, May & October, 2008
Cadaver Lab: GFFC, SF, CA	Mar. 2006

Cadaver Lab: Livermore, CA (Arthrex)	Sept. 2006
Cadaver Lab: Seattle, WA	Oct. 2006
Cadaver Lab: Kerlan-Jobe, CA	Nov. 2006
Cadaver Lab: German Foot & Ankle Association Hawaii	Oct. 2005
Cadaver Lab: Palo Alto, CA	Oct. & Nov. 2005
Cadaver Lab: Midwest Pod Conf, Chicago	Apr 2005
Cadaver Lab: Livermore, CA (Arthrex)	May 2004
Cadaver Lab: Naples, FL (Arthrex)	March 2004
Cadaver Lab: Salt Lake City, UT (Arthroscopy, Endoscopy, Ex-Fix, Flatfoot)	May 2003
Cadaver Lab: Western Pod Med Congress LA, CA (Endoscopy)	June 2003
Cadaver Lab: German Foot Association, Luebeck, Germany	September 2002
Cadaver Lab: SCPM/Northwest Pod Meeting, Martha's Vineyard, MA	June 2002
Cadaver Lab: St. Lukes Hosp Residency, Denver, CO	May 2002
Cadaver Lab: Menlo Park Surg Hosp, CA	May 2002
Cadaver Lab: Palo Alto, CA (Arthroscopy, Endoscopy)	November 2001
Cadaver Lab: Chicago, IL (Endoscopy)	August 2001
External Fixation Lab. Parsippany, NJ	June 2001
Cadaver Lab: MA (Arthroscopy, Endoscopy, Flatfoot)	August 2000
Cadaver Lab: LA, CA (Achilles Surgery)	June 2000
Workshop: Munich, Germany (1st Met Osteotomy)	December 2000
Cadaver Lab: Seattle, WA (Achilles, Endoscopy, etc)	August 1999
Cadaver Lab: MA (Misc. procedures)	August 1998
Cadaver Lab: ACFAS (Anchor workshop)	Mar 1996
Cadaver Lab: MA (Misc. procedures)	August 1995

Instructional Training Courses

Agility Ankle Implant	Aug 2004
ACFAS External Fixation	Feb 2004
IM Nail (Midwest Pod Conf)	Apr 1999
EBI External Fixation	Apr 1997
ACFAS Ankle Arthroscopy	Mar 1995
ACFAS Ankle Arthroscopy	Oct 1992

LECTURES/PRESENTATIONS

PAMF Soccer Clinic	Oct 2008
USATF Long Distance Podium Project: Foot & Ankle Injuries	Dec 2006
CA NATA: Foot & Ankle Injuries in Sports	Nov 2006
Coaches Clinic	Sep 2006
USATF Long Distance Summit: Running Injuries	Dec 2005
Sports Medicine/Athletic Training, San Jose State Univ. Instructor	Fall 2005
USATF Long Distance Summit: Running Injuries	Dec 2004
ASHA Running Club	July 2004
Palo Alto Med Found. Comm. Lecture Series: Heel Pain	Feb 2004
Palo Alto Run Club	Jan 2004
USATF Long Distance Summit: Running Injuries	July & Dec 2003
USOC Olympic Training Ctr: Athlete Eval & Lecture	Apr & Oct 2003
Avenidas Center	Jan 2003
Avenidas Center Seminar	Aug. 2001
Team Sheeper Triathlon Camp	Aug. 2001
Fifty Plus	March 2001
Team in Training	Feb. 2000
Palo Alto YMCA	January 1998
Sun Microsystems	March 1998
San Francisco Marathon Expo	July 1998, 1997, 1996, 1995
USA Track and Field Trainers, NATA Annual Meeting	June 1996
American College of Foot and Ankle Surgery, Mitek Anchor Workshop	March 1996
USA Track and Field Sprint/Hurdles Coaches Seminar: Guest Lecturer	Dec 1995
Northwest Podiatry Foundation, Stress Fractures and Mitek Anchors	Oct 1995
SCPM Summer Meeting: Achilles Tendinitis, Stress Fractures and Orthoses	Aug 1995
SLAC	May 1995
Hewlett Packard Santa Clara, Common Foot Problems	May 1995
Bay to Breakers, Running Injuries	May 1995
Pacific Athletic Club, Common Foot Problems	Apr 1995
City of Palo Alto, Running Injuries	Apr 1995
Northwest Podiatry Foundation Meeting, Use of Mitek Anchors in Foot and Ankle Surgery, Surgery for Chronic Achilles Problems	Feb 1995
Decathlon Club, Common Foot Problems	Jan 1995
Physical Therapy Post-op Foot Surgery	Jan 1995
Sun Microsystems, Common Foot Problems	Nov 1994
Palo Alto Run Club, Running Injuries	Oct 1994
Oracle Corp., Common Foot Problems	July 1994
American Academy of Podiatric Sports Medicine, Stress Fractures, Achilles Problems	June 1994
SRI Lecture, Common Foot Problems	Apr 1994
Apple Computer, Running Injuries	Mar 1994

Central Coast Podiatric Medical Society, Use of Mitek Anchors in Foot and Ankle Surgery	Mar 1994
American College of Foot and Ankle Surgeons Annual Meeting, Results of the Valenti Procedure and Surgery for Chronic Achilles Problems	Feb 1994
CME Update, ECH Podiatry and Primary Care Medicine	Dec 1993
Run Club Lecture	Nov 1993
Fleming Physical Therapy	Nov 1993
AAPSM Sports Medicine Day at California College of Podiatric Medicine	Oct 1993
Sequoia Center of Sports Health	June 1993
Stanford Running Camp	Aug 1993
Fifty-Plus Running Injuries	Apr 1993
Sun Microsystems, Common Foot Problems	Mar 1993
Podiatric Sports Medicine at Scholl College of Podiatric Medicine	Oct 1992
AAPSM Sports Medicine Day at CCPM	Sept 1992
Lecture at The Palo Alto Soccer Club	Aug 1992
American College of Foot and Ankle Surgeons Annual Meeting: Valenti Procedure and Effects of Stretching the Gastrocnemius	Feb 1992
Reach, Los Altos, Lecture to personal trainers	Feb 1992
Foot Injuries on the Job, Mountain View Physical Therapy	Jan 1992
Orthopedic Nurses Association Meeting at Stanford	Oct 1991
Lecture at the Palo Alto Soccer Club	Aug 1991
CCSP Lecture Series on the Foot and Ankle	July 1991
Stanford University Athletic Department	June 1990
Hewlett Packard Cupertino	May 1990
CCPM Sports Medicine Class Athletic Footwear	Feb 1990
Department of Family Practice, ECH Common Foot Problems	Jan 1990
Palo Alto Run Club	Dec 1989
Athletic Footwear, SCPM Biomechanic Class	Mar 1989

LAY ARTICLES

"Kinesio Tape" Runner's World	Feb 2009
"Current perspectives of Podiatric Sports Medicine" Podiatry Today	Dec2008
"Podiatry & Research", Podiatry Management, by Mark Haspel	Jan 2005
"Secrets to treating stress fractures about the ankle", Podiatry Today	June 2002
"Runners Ten Commandments to Staying Healthy," Running Times	October 1998
"Pre and Post Marathon Tips," Pacific Association Newsletter	Nov/Dec 1997
"Achilles Heel Revisited," Pacific Association Newsletter	May/June 1997
"Plantar Fasciitis," Pacific Association Newsletter	May/June 1996.
"Ankle Sprains and Calf Cramps," Pacific Association Newsletter	Nov/Dec 1995
"Protecting Those Puppies," City Sports	
"Guidelines for Resuming Physical Activity," American Athletes	Summer 1992
"Care and Prevention of Stress Fractures," American Athletes	Winter 1991
"Everything You Wanted to Know About Orthotics But Were Afraid to Ask,"	

RunCal	Mar/Apr 1990
"ShinSplints," RunCal	
"Your Achilles Heel," RunCal	
"Why Do Some People's Toes Look Different?" RunCal	
"Adolescent Injuries," RunCal	
"Taking Care of Injuries at Home," RunCal	
"Where Did You Get Those Orthotics?" RunCal	

INTERVIEWS

San Francisco Marathon, Prime Network	July 1996
San Jose Mercury News, Orthoses	Sept 1995
Walking Magazine, Shin Splints	Sept 1994
Outside Magazine, Orthoses	Aug 1994
Palo Alto Weekly Cover Story: Master of the Agony of the Feet	June 1993
ESPN, Road Race of the Month	1992
Running Times, The Orthotics Revolution	Nov 1992
KGO-TV SF, Marathon	Aug 1992
Palo Alto Times Tribune, Choosing Running Shoes	Aug 1991
Chicago Tribune, Summer Running Shoes	Aug 1986

MEMBERSHIPS

Hospital Staff: Stanford University, El Camino, Menlo Park Surgical Hospital, Palo Alto Surgecenter , Fremont Surgery Center	
American College of Foot and Ankle Orthopedics and Medicine	1994-Present
William Stickel Society	1994-Present
American Academy of Foot and Ankle Surgeons(Fellow)	1990-Present
American Academy of Podiatric Sports Medicine(Fellow)	1990-Present
American College of Sports Medicine	1989-Present
CA and American Podiatric Medical Association	1989-Present
DEA# BS1590214 CA DPM License# E-3588A (Ankle Certification)	

ATHLETIC EVENT EXPERIENCE

Podiatrist, San Jose Earthquakes	2008
Podiatrist, USATF Club Cross Country Championships	2006
Podiatrist, NCAA Track & Field Championships	2006
Podiatrist, NCAA Track & Field Championships	2005
Podiatrist, US Olympic Track and Field Trials, New Orleans, Louisiana	2004
Podiatrist, US Track & Field Championships, Stanford, CA	2002/2003
Podiatrist, US Olympic Track & Field Trials, Sacramento, CA	2000
Podiatrist, Jr. Olympic National Championships, San Jose, CA	1995
Member USA Track and Field Sports Medicine Executive Committee	1993-Present

USA Track and Field Champs (Staff)	1993, 1994, 1995, 1997
Podiatrist, US Olympic Track and Field Trials, New Orleans, Louisiana	1992
Team Podiatrist, St. Francis (Mt. View), Gunn (Palo Alto) and Los Altos High Schools	1989-Present
Junior Olympic Regional Championships	1994
Team Podiatrist, Stanford University	1989-1992

PRODUCT CONSULTANT

Mondeal, Inc.	2007-current
Arthrex, Inc.	2004-current
Darco, Intl	2005-current
KMedic (Saxena Bone Grafting Retractor)	1999-current
AM Surgical	1997-2005
Mitek Surgical Products, Inc.	1994-2002
Reebok International	1993-1994
Puma Etonic-Tretorn	1991-1992
Puma USA	1986-1990

RESIDENCY

Veterans Administrative Medical Center-Westside, Chicago, Illinois	July 1988-July 1989
Podiatric Surgical Resident: Performed and assisted on approximately 400 surgical foot procedures. Additional rotations through Anesthesia, Emergency Room and Pathology Departments at Westside VA, along with Pediatric and General Orthopedics at Cook County hospitals. Served as Team Podiatrist for Stevenson High School in Prairie View, Illinois	
William M. Scholl College of Podiatric Medicine, Chicago, Illinois	1984-1988 D.P.M.
Cum Laude, B.S. Biological Sciences	1988

AWARDS

American College of Foot Orthopedists' "Outstanding Student in Foot Orthopedics"	1988
Berman Award for Proficiency in Orthopedics (Biomechanics)	1988
Who's Who Among Students in American Universities & Colleges	1988
Outstanding Young Men of America	1986-1987
Dean's List	1984-1987
Northlake Podiatry Department Educational Corporation Scholarship	1987

CLERKSHIPS AND EXTERNAL PROGRAMS

Palo Alto Medical Foundation, Palo Alto, California (Department of Sports Medicine)	1988
Cook County Hospital, Chicago, Illinois (Foot and Pediatric Orthopedics Service)	1987-1988
Northampton V.A., Northampton, Massachusetts (Department of Podiatric Medicine)	1988

PODIATRY SCHOOL ACTIVITIES

President, Treasurer and Member, Sports Medicine Club	1984-1987
Organized and presented 26 lectures and workshops by leading podiatrists, orthopedists and other health professionals for the largest club at S.C.P.M.	
Authored the club's by-laws, established research grants for students and the first Annual Orthoses Seminar, allocated funding for a treadmill and allowed students from local medical schools to participate in club activities.	
Founder and Director, Summer Running Clinics	1986-1987
Funded this free community service project by obtaining a grant from PUMA, which covered all advertising and equipment costs. Clinics are conducted at major Chicago road races, increasing the visibility and patient load of S.C.P.M. by providing injury prevention, footwear and training advice.	
Member, Phi Alpha Pi Fraternity	1985-1987
Member, Podopediatrics Club	1985-1986
Tutor, Anatomical Sciences and Biomechanics	1985-1987

UNDERGRADUATE EDUCATION

Washington University, St. Louis, Missouri	1982-1984
BA in Psychology	1984
Extracurricular Activities:	
Dean's List	1984
Cross Country and Track Team	1982-1983
Research: "EDG: A Change in Podiatry?"	1984
University of California at Davis, Davis, California	1980-1982
Major: Biological Sciences, 1980-1982	
Extracurricular Activities:	
Dorm Co-President	1980-1981
Cross Country and Track Team	1980-1981
Volunteer: Physical Therapy Assistant	1981-1982
Research in Psychology: "Sex Differences and Age Differences"	1982
Henry M. Gunn High School, Palo Alto, California	Graduated 1980

Personal Information

Born: Palo Alto, California, June 5, 1962
 Family: Married, three children
 Hobbies: Sports, cooking and writing