PLAN TO SPEND APPROXIMATELY 1 HOUR IN THE DEPARTMENT OF RADIOLOGY.

HYSTEROSALPINGOGRAM (HSG) INSTRUCTIONS

1. Schedule your hysterosalpingogram (HSG) for cycle day 8 to 12 (cycle day 1 being the first day of your period). Please call on cycle day 1, when possible, to schedule an appointment for your HSG.

2. You must abstain from intercourse from cycle day 1 until after your HSG is completed. Your exam will not be performed if there is any possibility of pregnancy.

3. Your doctor may or may not prescribe an antibiotic for you to take prior to your HSG.

4. You may take any kind of over-the-counter pain medication that you would normally take for menstrual cramping. This medication should be taken approximately 1 hour before your exam.

5. Your exam will last approximately 1 hour.

6. After your exam you may experience:
   • Spotting or light menstrual flow for 1 to 3 days.
   • Menstrual-like cramps for 2 to 8 days; pain medicine may be taken for this.
   • Shoulder blade discomfort for 1 to 3 days.

7. Call your doctor if you experience:
   • Severe abdominal/pelvic pain or cramping.
   • Abnormal vaginal bleeding.
   • Fever above 100 degrees.

This information is available on our PAMF Web site, www.pamf.org.