

Jun Ma, M.D., Ph.D.

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Address Department of Health Services Research
Palo Alto Medical Foundation Research Institute
795 El Camino Real (Ames Bldg.)
Palo Alto, CA 94301

Voice (650) 853-4809
Fax (650) 853-6816
Email maj@pamfri.org

I. PERSONAL INFORMATION

Place of Birth Guiyang, Guizhou, P.R. China
Citizenship P.R. China
Visa status U.S. permanent resident

II. EDUCATION AND TRAINING

Education

1989-94	M.D.	West China University of Medical Sciences (Preventive Medicine)
1996-97	M.S.	University of Nebraska at Lincoln (Nutritional Sciences)
1998-02	Ph.D.	University of Nebraska at Lincoln (Major: Nutritional Sciences; Minor: Biometry)

Internships

1993-94	Intern in Medicine, West China University of Medical Sciences
2000-01	Intern in Dietetics, University of Nebraska at Lincoln

III. AREAS OF RESEARCH INTEREST

The overall goal of my research is to contribute evidence on the development, evaluation and dissemination of health care innovations as a means to promote evidence-based practices by patients, their care providers, and health care systems. Specifically, my research aims to:

1. Study translation of evidence-based medicine into clinical practice;
2. Understand the forces influencing physician and patient behavior;
3. Design interventions to improve the quality of health care and health outcomes and to reduce health disparities.

My research portfolio spans preventive medicine and health services research, with a particular emphasis on the prevention and control of obesity and obesity-related complications, such as cardiovascular disease, diabetes, asthma, and depression. The burden of these chronic diseases is increasing rapidly worldwide. These diseases are largely preventable, non-communicable conditions associated with lifestyle and behaviors. Primary prevention is considered the most cost-effective, affordable and sustainable course of action to cope with the epidemic of chronic disease. However, the current health care system in the United States remains overly oriented towards acute care, causing many missed opportunities for preventive and chronic care and leaving the majority of chronically ill patients inadequately treated. My research focuses on identifying gaps in preventive and chronic care in primary care settings, evaluating patient, physician, and system factors contributing to those gaps, and designing interventions to ameliorate or eliminate those gaps, thereby improving both the quality and equality of health care and patient outcomes.

IV. PROFESSIONAL POSITIONS AND APPOINTMENTS

1996-02	Doctoral Research Assistant, Department of Nutrition and Health Sciences, University of Nebraska at Lincoln
2002	Social Science Research Assistant II, Stanford Prevention Research Center, Stanford University School of Medicine
2002-03	Social Science Research Assistant III, Stanford Prevention Research Center, Stanford University School of Medicine
2003-06	Research Associate, Stanford Prevention Research Center, Stanford University School of Medicine
2003-06	Research Director, Program on Prevention Outcomes and Practices, Stanford Prevention Research Center, Stanford University School of Medicine
2006-2009	Assistant Scientist/Investigator, Department of Health Services Research, Palo Alto Medical Foundation Research Institute
2009-present	Associate Scientist/Investigator, Department of Health Services Research, Palo Alto Medical Foundation Research Institute

V. AWARDS AND HONORS

West China University of Medical Sciences

1991-94	Annual Outstanding Student Scholarship
1994	Distinguished Graduate Student Scholarship

University of Nebraska at Lincoln

1999	Twila Herman Claybaugh Human Resources and Family Sciences Food Science and Technology Fellowship
1999-00	Widaman Trust Distinguished Graduate Assistant Award
2000-01	Department of Nutritional Science and Dietetics Graduate Fellowship

2000-01 University Graduate Fellowship
2001 Margaret S. Fedde Fellowship
2001-02 Presidential Fellowship

Post-degree honors

2006 Travel scholarship, Office of Behavioral and Social Sciences Research (OBSSR) 10th Anniversary – Celebrating a Decade of Progress and Promise, National Institutes of Health,
2008 Fellow, First Summer Cohort Study Data Workshop Sponsored by the NHLBI and Northwestern University
2008 Appreciation award for outstanding achievement in support of the American Heart Association’s efforts in cardiovascular science, education and community programs
2009 Advocacy Heart Partner award, Greater Bay Area Division, American Heart Association

VI. SCHOLARLY PUBLICATIONS

Peer-reviewed original articles (44 total: 42 published, 2 in press)

First author: 28; Senior author: 1

1. **Ma J**, Hampl J, Betts NM. Smoking status and antioxidant intakes in today’s Americans: Data from 1994-1996 CSFII. *Am J Clin Nutr* 2000;71:774-80.
2. **Ma J**, Betts NM. Zinc and copper intake and the major food sources for older adults in the 1994-96 Continuing Survey of Food Intakes by Individuals. *J Nutr* 2000;130:2838-43.
3. **Ma J**, Betts NM, Hampl JS. Clustering of lifestyle behaviors: the relationship between cigarette smoking, alcohol consumption and dietary intake. *Am J Health Promot* 2000;15:107-17.
4. **Ma J**, Betts NM, Horacek T. Measuring stage of change for assessing readiness to increase fruit and vegetable intake among 18-24-year-olds. *Am J Health Promot* 2001;16:88-97.
5. **Ma J**, Betts NM, Horacek T, Georgiou C, White A, Nitzek S. The Importance of decisional balance and self-efficacy in relation to stages of change for fruit and vegetable intakes by young adults. *Am J Health Promot* 2002;16:157-66.
6. Horacek T, White A, Betts N, Hoerrs S, Georgiou C, Nitzke S, **Ma J**, Greene G. Self-efficacy, perceived benefits and weight satisfaction discriminate among

- Stages of Change for fruit and vegetable intake for young men and women. *J Am Diet Assoc* 2002;102:1466-70.
7. Horacek T, Greene G, Georgiou C, White A, **Ma J**. Comparison of Three Methods for Assessing Fruit, Vegetable, and Grain Stages of Change for Young Adults. *Topics Clin Nutr* 2002;17:36-61.
 8. **Ma J**, Betts NM, Horacek T, Georgiou C, White A. Assessing stages of change for fruit and vegetable intake in young adults: A combination of traditional staging algorithms and food frequency questionnaires. *Health Educ Res* 2003;18:101-13.
 9. Greene G, Horacek TM, White A, **Ma J**. Use of a diet interview method to define stages of change in young adults for fruit, vegetable and grain Intake. *Topics Clin Nutr* 2003;18:35-44.
 10. Stafford RS, **Ma J**, Finkelstein SN, Haver K, Cockburn IM. National trends in asthma visits and asthma pharmacotherapy, 1978-2002. *J Allergy Clin Immun* 2003;111:729-35.
 11. **Ma J**, Stafford RS, Cockburn IM, Finkelstein SN. The Magnitude and Composition of Drug Promotion in the U.S. *Clin Ther* 2003;25:1503-17.
 12. **Ma J**, Stafford RS. U.S. physician adherence to standards in asthma pharmacotherapy varies by patient and physician characteristics [research letter]. *J Allergy Clin Immun* 2003;112:633-5.
 13. Stafford RS, Furberg CD, Finkelstein SN, Cockburn IM, Alehegn T, **Ma J**. The impact of clinical trial results on national trends in alpha-blocker prescribing, 1996-2002. *JAMA* 2004;291:54-62.
 14. **Ma J**, Urizar GG, Jr., Alehegn T, Stafford RS. Diet and physical activity counseling during ambulatory care visits in the U.S. *Prev Med* 2004;39:815-22.
 15. **Ma J**, Wang Y, Stafford RS. US adolescents receive suboptimal preventive counseling during ambulatory care. *J Adolesc Health* 2005;36:441.e1-e7.
 16. **Ma J**, Sehgal NL, Ayanian JZ, Stafford RS. National trends in statin use by coronary heart disease risk category. *PLoS Med* 2005;2(5):e123. (PMCID1140942)
 17. **Ma J**, Stafford RS. The quality of outpatient care in the U.S.: temporal changes and racial/ethnic disparities. *Arch Intern Med* 2005;165:1354-61.

18. **Ma J**, Lee K-V, Stafford RS. Depression treatment during outpatient visits by U.S. children and adolescents. *J Adolesc Health* 2005;37(6):434-42.
19. Stafford RS, Monti V, **Ma J**. Underutilization of aspirin persists in U.S. ambulatory care for the secondary and primary prevention of cardiovascular disease. *PLoS Med* 2005;2(12):e353. (PMCID1283363)
20. Stafford RS, Drieling R, Johns R, **Ma J**. National patterns of calcium use in osteoporosis. *J Reprod Med* 2005;11:885S-95S.
21. **Ma J**, Monti V, Stafford RS. Are evidence-based cardiovascular prevention therapies being used? A review of aspirin and statin therapies. *Prev Contr* 2005;1:285-95.
22. **Ma J**, Drieling RC, Stafford RS. U.S. women desire greater professional guidance on alternative therapies for relief of menopause symptoms. *Menopause* 2006;13:506-16.
23. Stafford RS, Monti V, **Ma J**. Long-term and short-term changes in antihypertensive prescribing by office-based physicians in the U.S. *Hypertension* 2006;48:213-8.
24. **Ma J**, Lee K-V, Stafford RS. Changes in antihypertensive prescribing during U.S. outpatient visits for uncomplicated hypertension between 1993 and 2004. *Hypertension* 2006;48:1-7.
25. **Ma J**, Lee K-V, Berra K, Stafford RS. Implementation of case management to reduce cardiovascular disease risk in Stanford and San Mateo Heart to Heart Trial: Study protocol and baseline characteristics. *Implementation Sci* 2006;1:21. (PMCID1592109)
26. **Ma J**, Johns RA, Stafford RS. Americans are not meeting current calcium recommendations. *Am J Clin Nutr* 2007;85:1361-6.
27. Rigby AJ, **Ma J**, Stafford RS. Women's awareness and knowledge of hormone therapy post Women's Health Initiative. *Menopause* 2007;14:1-6.
28. Linder JA, **Ma J**, Bates DW, Middleton B, Stafford RS. Electronic health record use and the quality of ambulatory care in the United States. *Arch Intern Med* 2007;167:1400-5.

29. Berra K, **Ma J**, Klieman L, Hyde S, Monti V, Guardado A, Rivera S, Stafford RS. Implementing cardiac risk-factor case-management: lessons learned in a county health system. *Crit Pathw Cardiol* 2007;6:173-9.
30. **Ma J**, Stafford RS. Screening, treatment and control of hypertension in U.S. private physician offices, 2003-2004. *Hypertension* 2008;51:1275-81. (PMCID2671992)
31. **Ma J**, Xiao L, Stafford RS. Under-diagnosis of obesity in adults in outpatient settings [research letter]. *Arch Intern Med* 2009;169:313-4. (PMCID2672042)
32. **Ma J**, Xiao L. Assessment of body mass index and association with adolescent preventive care in U.S. outpatient settings. *J Adolesc Health* 2009;44:502-4.
33. **Ma J**, Xiao L, Stafford RS. Adult obesity and office-based quality of care in the U.S. *Obesity* (Silver Spring) 2009;17:1077-85. (PMCID2715846)
34. **Ma J**, Berra K, Haskell WL, Klieman L, Hyde S, Smith MW, Xiao L, Stafford RS. Case management to reduce cardiovascular risk in a county healthcare system. *Arch Intern Med* 2009;169:1988-95.
35. **Ma J**, King AC, Wilson SR, Xiao L, Stafford RS. Evaluation of Lifestyle Interventions to Treat Elevated Cardiometabolic Risk in Primary Care (E-LITE): A Randomized Controlled Trial. *BMC Family Practice* 2009;10:71. (PMCID2779786)
36. **Ma J**, Xiao L. Obesity and depression in U.S. women: Results from the 2005-06 National Health and Nutritional Examination Survey. *Obesity* (Silver Spring) 2010;18:347-53.
37. Smith MW, **Ma J**, Stafford RS. Bar Charts Enhance Bland-Altman Plots When Value Ranges are Limited. *J Clin Epidemiol* 2010;63:180-4.
38. Drieling RL, Gardner CD, **Ma J**, Ahn DK, Stafford RS. No beneficial effects of pine bark extract on cardiovascular disease risk factors. *Arch Intern Med* 2010;170:1541-7.
39. **Ma J**, Strub P, Camargo CA, Jr., Xiao L, Ayala E, Gardner CD, Buist AS, Haskell WL, Lavori PW, Wilson SR. The Breathe Easier through Weight Loss Lifestyle (BE WELL) Intervention: A randomized controlled trial. *BMC Pulm Med* 2010;10:16. (PMCID2860346)

40. **Ma J**, Xiao L, Knowles SB. Obesity, insulin resistance and the prevalence of atopy and asthma in US adults. *Allergy* 2010;65:1455-63.
41. Zallman L, **Ma J**, Xiao L, Lasser KE. Quality of US primary care delivered by resident and staff physicians. *J Gen Intern Med* 2010;25:1193-7.
42. Xiao L, Lavori PW, Wilson SR, **Ma J**. Comparison of dynamic block randomization and minimization in randomized trials: A simulation study. *Clin Trials* 2010 (accepted for publication).
43. **Ma J**, Xiao L. Use of dietary supplements among U.S. adults with asthma. *Nutr Dietary Supplements* 2011;3:9-18.
44. Drieling R, **Ma J**, Thiyagarajan S, Stafford RS. Effectiveness of an internet-based stage-tailored osteoporotic fracture risk management program for improving knowledge, attitudes, and behavior. *J Womens Health* 2011 (accepted for publication).

Reviews, Chapters and Editorials

1. **Ma J**, Betts NM. Chapter 10: Hydration and regulation of cell size. In Antonio J, Stout JR, eds: *Sports Supplements*. Lippincott Williams and Wilkins: Baltimore, MD. 2001. pp. 210-226.
2. **Ma J**. Introductory Editorial. *Prim Prev Insights* 2008;1:1
3. **Ma J**, Knowles SB, Wilson SR. Diabetes management. In Cucciare MA, Weingardt KR, eds: *Using Technology to Support Evidence-Based Behavioral Health Practices: A Clinician's Guide*. Routledge: New York, NY. 2009.

Theses

1. **Ma J**. Nutrition Knowledge, Attitudes, and Needs of Blacks, Asians, Hispanics, and American Indians. [Master of Science Thesis]. University of Nebraska, Lincoln, 1997. (Advisor: Nancy M. Betts)
2. **Ma J**. Examination of the Transtheoretical Model (TTM) on Fruit and Vegetable Intake [Doctor of Philosophy Dissertation]. University of Nebraska, Lincoln, 2002. (Advisor: Nancy M. Betts)

Recent original research abstracts/conference proceedings (not yet published as articles)

1. Drieling RL, **Ma J**, Stafford RS. African American Women's Experience of Menopausal Transition, Use of Conventional and Alternative Therapies, and Physician Interaction. Bay Area Clinical Research Symposium, 2007; 1 (Abstract): 70; San Francisco, California, U.S.A.
2. Drieling RL, **Ma J**, Stafford RS. Development of a Web-based Intervention to Reduce Women's Risk for Osteoporotic Fractures through Risk Assessment, Education, and Behavior Change. Bay Area Clinical Research Symposium, 2007; 1 (Abstract): 74; San Francisco, California, U.S.A.
3. Yank V, Stafford RS, Wilson SR, Xiao L, Luna V, **Ma J**. Baseline Data from an RCT of Obesity Management in Primary Care. Poster presentation. Global Obesity Summit: 9-11 Nov 2010; Jackson, Mississippi, U.S.A.
4. Xiao L, **Ma J**. Use RETAIN statement and LAG function to identify consecutively repeated conditions. Western Users of SAS Software 2010 proceedings. URL: http://www.wuss.org/proceedings10/coders/2999_4_COD-Xiao.pdf.
5. Yank V, Stafford RS, Wilson SR, Xiao L, **Ma J**. Baseline phenotypes among overweight and obese participants in an RCT of behavioral weight management in primary care. Poster presentation. Bay Area Clinical Research Symposium: 10 December 2010; San Francisco, California, U.S.A.
6. Yank V, Stafford RS, Wilson SR, Xiao L, **Ma J**. Baseline phenotypes among overweight and obese participants in an RCT of behavioral weight management in primary care. Poster presentation. American College of Preventive Medicine Annual Conference: 16-19 February 2011; San Antonio, Texas, U.S.A.
7. Ayala E, Knowles SB, **Ma J**, Buist AS, Wilson SR. Exploring the proposed exacerbation-prone asthma phenotype. Poster presentation. American Thoracic Society Annual International Conference: 13-18 May 2011; Denver, Colorado, U.S.A.

Non-peer reviewed scientific publications

1. **Ma J**, Drieling RL, Nguyen Q, Stafford RS. *Use and Perceptions of Hormonal and Alternative Therapies in the Post-WHI Era: Results from the Women's Health Survey*. GlaxoSmithKline INC., Research Triangle Park, NC, U.S.A. 2004.

2. Stafford RS, Monti V, **Ma J**. Other studies show aspirin use is high: Authors' reply. *PLoS Med* 2006; 3(2):e109.
3. Drieling RL, **Ma J**, Johns R, Stafford RS. *Women's Bone Health Knowledge and Beliefs and Use of Internet for Health Information: Results from Focus Groups for A Bone Health Improvement Website Development Project*. Procter and Gamble Pharmaceuticals, U.S.A. 2006.
4. **Ma J**. Be Part of the Solution.
<http://www.annfammed.org/cgi/eletters/4/4/327> [Invited commentary]. *Ann Fam Med*. July 27, 2006.
5. **Ma J**, Lee K-V, Stafford RS. Target Blood Pressure Level before Antihypertensive Class to Improve Outcomes More Quickly in Uncomplicated Hypertension: Authors' reply. *Hypertension* 2007;49:e17.

VII. EDITORIAL SERVICES

2003-present Peer reviewer, *Archives of Internal Medicine*

Annals of Internal Medicine

Hypertension

American Journal of Public Health

American Heart Journal

Menopause

American Journal of Managed Care

Journal of the American Board of Family Medicine

International Journal for Quality in Health Care

Journal of Health Care for the Poor and Underserved

BMC Family Practice

2008-present Editor in Chief, *Primary Prevention Insights*

VIII. SPONSORED RESEARCH

Current Funding

- | | |
|---------|--|
| 2008-13 | National Heart, Lung, and Blood Institute (R01 HL089448; PI Randall S. Stafford); Sub-award Principal Investigator
"Case Management & Environmental Support to Sustain Weight Loss & Reduce CHD Risk" |
| 2008-11 | American Heart Association Scientist Development Grant; Principal Investigator |

“Feasibility and Efficacy of an Online Self-Management Intervention in Adults with the Metabolic Syndrome in a Randomized Control Trial”

2009-11 National Institute of Diabetes and Digestive and Kidney Diseases (R34 DK080878); Principal Investigator
“A Pilot of Customized Continuous Care Management of Obesity in Pre-Diabetics”

Note: The AHA grant and the NIDDK grant listed above were combined after negotiation with both funding agencies and together support the "Evaluation of Lifestyle Interventions to Treat Elevated Cardiometabolic Risk in Primary Care (E-LITE)" trial.

2009-14 National Heart, Lung, and Blood Institute (R01 HL094466); Principal Investigator
“Can diet- & exercise-induced weight loss improve asthma control in obese adults?”

2009-10 National Heart, Lung, and Blood Institute (3R01 HL094466-01A1S1); Principal Investigator
“Can diet- & exercise-induced weight loss improve asthma control in obese adults?”

2009-11 National Heart, Lung, and Blood Institute (3R01 HL094466-01A1S2); Principal Investigator
“Can diet- & exercise-induced weight loss improve asthma control in obese adults?”

Note: Two administrative supplements to the grant R01 HL094466 were awarded through the American Recovery and Reinvestment Act (ARRA) of 2009 to support for one post-doctoral pulmonary fellow for two years and two summer college student interns for one summer each in 2009 and 2010.

2010-12 Agency for Healthcare Research and Quality (R21 HS019550; PI, Ming Tai-Seale); Co-Investigator
“A study of trends in obesity progression among complex patients”

Pending Funding

2011-16 National Institute of Mental Health (R01 MH094458); Principal Investigator
“Sequential Treatment of Co-Morbid Depression and Obesity in Women”

- 2011-13 National Heart, Lung, and Blood Institute (R34 HL108753); Principal Investigator
“A Pilot Study of the DASH Diet in Not-Well-Controlled Adult Asthma”
- 2011-13 National Heart, Lung, and Blood Institute (R34 HL108755); Principal Investigator
“Potential Efficacy & Mechanism of Lipid Supplements in Not-Well-Controlled Asthma”

Prior Funding

- 1998-99 University of Nebraska at Lincoln Dissertation Improvement Grant; Principal Investigator
“Examination of Fruit and Vegetable Intakes Using the Trans-theoretical Model” (Advisor: Nancy M. Betts)
- 2002-05 Agency for Healthcare Research and Quality (R01 HS013405; PI Randall S. Stafford); Lead Research Analyst
“Time Series Modeling in Medication Prescribing Scientific vs. Promotional Influences”
- 2002-05 Agency for Healthcare Research and Quality (R01 HS11313; PI Randall S. Stafford); Research Director
“National Trends in Outpatient Quality Indicators”
- 2003-04 Bayer Pharmaceutical (PI Randall S. Stafford); Co-Investigator/Project Director
“Aspirin Use in High-risk Primary Prevention Patients”
- 2003-04 Merck & Co., Inc. (PI Randall S. Stafford); Co-Investigator/Project Director
“Patterns of Statin Use in Moderate Risk Patients”
- 2003-06 National Heart, Lung and Blood Institute ALLHAT Ancillary Study (PI Randall S. Stafford); Co-Investigator
“Impact on Antihypertensive Medication Prescribing”
- 2003-09 National Heart, Lung and Blood Institute (R01 HL70781; PI Randall S. Stafford); Co-Investigator/Project Director
“Improving Coronary Prevention in a County Health System”

- 2004-05 GlaxoSmithKline (PI Randall S. Stafford); Co-Investigator/Project Director
“Complementary and Alternative Therapies for Menopausal Symptoms”
- 2004-06 National Institute on Aging Seed Grant through Stanford Center on the
Demography and Economics of Health and Aging (CDEHA) (P30
AG017253-06); Principal Investigator
“National Trends and Practice Patterns of Detection and Treatment of
Hypertension during Ambulatory Visits in the U.S.”
- 2005-06 Procter and Gamble Pharmaceuticals (PI Randall S. Stafford); Co-
Investigator/Project Director
“Assessing Gaps in Calcium Intake and Medication use among U.S. Men
and Women of Differing Bone Mineral Status”
- 2005-07 Procter and Gamble Pharmaceuticals (PI Randall S. Stafford);
Co-Investigator
“A Stage-tailored Online Intervention to Reduce Women’s Risk for
Osteoporotic Fractures”
- 2006-07 Toyo Shinyaku, Japan (PI Randall S. Stafford); Co-Investigator
“The Cardiovascular Effects of Pine Bark Extract”
- 2007-08 Agency for Healthcare Research and Quality (R18 HS017179);
Co-Investigator/Project Director
“Patient Centered Online Disease Management Using a Personal Health
Record System”
- 2007-10 Stanford Comprehensive Cancer Center Seed Grant (PI Randall S.
Stafford); Sub-award Principal Investigator
“Is Bone Health Being Neglected among Breast Cancer Survivors?: A
Web-based Pilot Study”

Service as Grant Reviewer

- 2006-07 *Ad hoc* reviewer, Georgian National Science Foundation, Georgia

IX. TEACHING ACTIVITIES

Names of Advisees or Trainees	Current Title and Institution
2009-present Estela Ayala	Post-doctoral Fellow in Pulmonary and Critical Care Stanford University School of Medicine
2009 Sylvie Rousseau	Senior in Human Biology Stanford University School of Medicine

2010 Gloria Koskey Senior in Human Biology
Stanford University School of Medicine

2010-present Veronica Yank Post-doctoral Fellow
Stanford Prevention Research Center
Palo Alto Medical Foundation Research Institute

Instructor
Stanford Medical Group and Stanford School of
Medicine

X. PROFESSIONAL AND PUBLIC SERVICE

Professional Societies

1999-02 Society of Nutrition Education
2000-04 American Dietetic Association
2003-07 American Society for Nutritional Sciences
2005-present American Heart Association (fellow), Council on Epidemiology and
Prevention
2006 American Society of Health Economics
2007-present American Diabetes Association
2007-present American Medical Informatics Association
2010-present American Thoracic Society

Service to professional and governmental organizations (other than grant review)

Local and Regional

2009-present Member, Quality and Availability of Care Workgroup, Greater Bay Area
Division, Western States Affiliate, American Heart Association

2009-present Member, Steering Committee for the Preventive Health Services Research
Fellowship Program jointly sponsored by the Palo Alto Medical
Foundation Research Institute and the Stanford University School of
Medicine's Prevention Research Center

2009-present Alternate member, Institutional Review Board, Sutter Health Institute for
Research and Education

National and International

2002 Expert panelist, A Delphi study with experts on Stages of Change,
Department of Health Education and Health Promotion, Maastricht
University; Department of Clinical and Health Psychology, Leiden
University, the Netherlands

2006-07 Faculty, Network for Continuing Medical Education, U.S.A.

2010 Invited Peer Reviewer, *Lifestyle Interventions for Four Conditions: Type 2
Diabetes, Metabolic Syndrome, Breast Cancer, and Prostate Cancer*, Technology
Assessment Program, Agency for Healthcare Research and Quality, U.S.A.

Community Service Related to Professional Work

- 2005- Participant in numerous print and radio programs about health
- Print (e.g., NY Times, AP, Reuters, O, the Oprah magazine, other major newspapers/magazines & wire services)
- Radio (e.g., NPR, numerous local/national shows - live & recorded)
- 2007-present Advocate, Greater Bay Area Division, Western States Affiliate, American Heart Association
- 2008 Expert witness in California government hearing, Sacramento
- Senate, No. 1420 (Nutrition Labeling at Chain Restaurants)
California State Assembly Committee on Health; March 26, 2008
- 2009 Participant in the American Heart Association's *You're the Cure on the Hill*, Washington, DC; April 21, 2009
- 2011 Guest researcher, American Heart Association's Annual Research Roundtable Luncheon, Burlingame, California; April 1, 2011

XI. INVITED PRESENTATIONS

- 2001 Invited Speaker - Cigarette smoking: Why should dietitians care?
Annual Food and Nutrition Conference and Exhibitions
Arizona Dietetic Association, Mesa, AZ
- 2006 Invited Speaker - A Novel Approach to Cardiometabolic Risk Reduction: Role of the Endocannabinoid System
Sharp Chula Vista Cardiology Conference; San Diego, CA
- 2007 Medical Grand Rounds - A Novel Approach to Cardiometabolic Risk Reduction: Role of the Endocannabinoid System
Watsonville Hospital, Watsonville, CA
Community Hospital and Rehabilitation, Los Gatos, CA
St. Helena Hospital, St. Helena, CA
Garfield Medical Center, Monterey Park, CA
- Medical Grand Rounds - Current and Emerging Strategies for Reducing Cardiometabolic Risk
Encino-Tarzana Regional Medical Center, Tarzana, CA
- 2008 Invited Speaker - Translational Research: From Treatment Gaps to Treatment Improvement
Center for Health Care Evaluation Forum
VA Palo Alto Health Care System, Menlo Park, CA

2010 Invited Speaker - Obesity and Asthma
3rd Annual New Mexico Asthma Symposium
"Soaring to New Heights to Gain Control"
Asthma Allies, Albuquerque, NM