

Patient True/False Self-Exam

The following questions are designed to continue our educational process in providing you with the foundation to make an "informed" decision regarding surgery. Please answer the questions as best you can after you have reviewed all the educational materials.

1. After weight loss surgery, patients no longer need to diet, and can eat anything they want.	True	False
2. Weight loss surgery guarantees permanent weight loss for the rest of your life.	True	False
3. Staple lines and suture lines from the surgery can result in a leak.	True	False
4. After weight loss surgery, it is possible a patient could require intensive care short or long term) treatment.	True	False
5. It is possible a patient can become dangerously depressed after obesity surgery.	True	False
6. Weight loss surgery is a very serious and risky surgery.	True	False
7. Morbid obesity brings with it an increased risk for a shorter life expectancy.	True	False
8. Vomiting, nausea and inability to eat certain foods are all possible complications following weight loss surgery.	True	False
9. Weight loss surgery is considered cosmetic surgery.	True	False
10. Weight loss surgery is just a "tool" and the patient needs to make various changes in his/her eating habits as well as exercise habits for it to be successful.	True	False
11. Surgical, pulmonary, cardiovascular, and psychological complications, as well as death are all potential post-surgical problems after bypass surgery.	True	False
12. Gastric bypass is the only operation available for patients who are morbidly obese.	True	False

<p>13. Blood clots in the legs or pelvis may happen from obesity surgery. These clots can loosen and travel to the lungs causing sensations such as breathlessness and chest pain. They can be life threatening.</p>	<p>True False</p>
<p>14. It is absolutely imperative that patients take prescribed vitamins and supplements after surgery for the rest of their life.</p>	<p>True False</p>
<p>15. The operation for obesity will commit a person to periodic physician follow-up visits for the rest of his/her life.</p>	<p>True False</p>
<p>16. Re-operation is sometimes necessary due to bursting of stitches or staples, leakage from the intestines, or blockage of intestines or stomach.</p>	<p>True False</p>
<p>17. After 6 months of losing weight, patients can go back to eating anything they want.</p>	<p>True False</p>
<p>18. It is possible to become healthier after weight loss surgery if a patient follows all of the post-surgical guidelines.</p>	<p>True False</p>